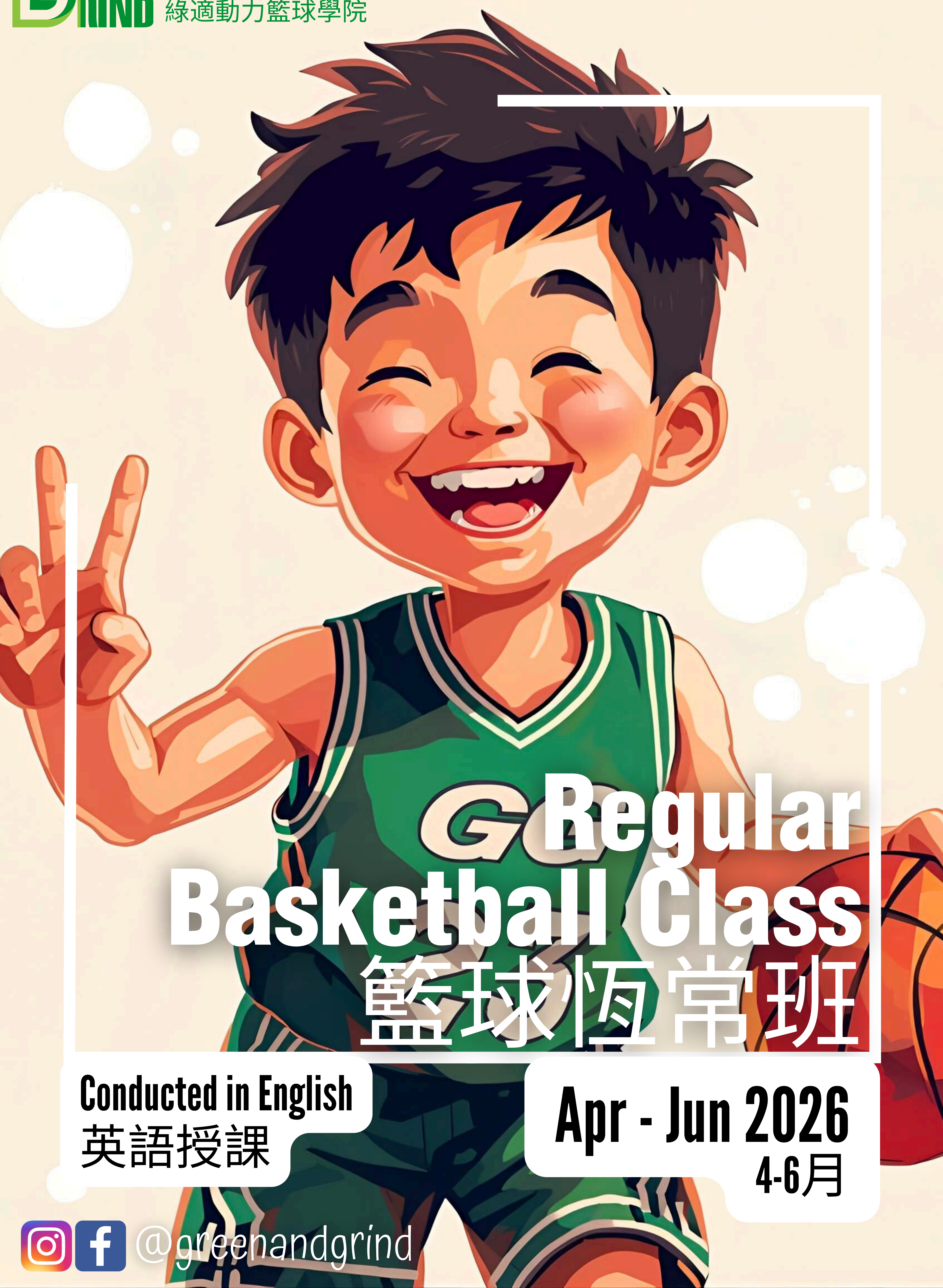




Green & Grind Basketball Academy

綠適動力籃球學院



**GO Regular
Basketball Class**
籃球恆常班

Conducted in English
英語授課

Apr - Jun 2026
4-6月

  @greenandgrind



Kowloon Bay 九龍灣

Kellett School
啟歷學校

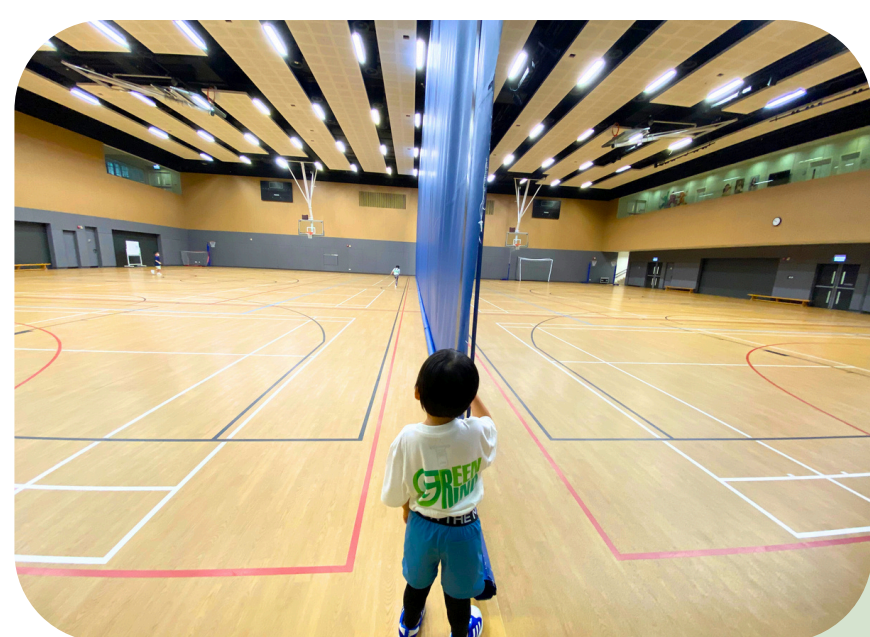
Date 日期	(4月) APR 18, 25 (5月) MAY 9, 16, 23, 30 (6月) JUN 6, 13, 20, 27 <i>(excl. May 2 不包括5月2日)</i>			Every Saturday 逢星期六	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
KLB6-1a	3-5	9:00-10:00	10	\$2,600	Beginner 初階
KLB6-2a	3-5	10:00-11:00	10	\$2,600	Beginner 初階
KLB6-3a	6-9	11:00-12:00	10	\$2,600	Mixed 混合

Date 日期	(4月) APR 18, 25 (5月) MAY 9, 16, 23, 30 (6月) JUN 6, 13, 20, 27 <i>(excl. May 2 不包括5月2日)</i>			Every Saturday 逢星期六	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
KLB6-1b	6-9	9:00-10:00	10	\$2,600	Beginner 初階
KLB6-2b	6-9	10:00-11:00	10	\$2,600	Beginner 初階
KLB6-3b	3-5	11:00-12:00	10	\$2,600	Beginner 初階

REMARKS 備註

- For outdoor class, students must bring their own basketballs
- Students must wear Green & Grind's uniform to class
- Medical certificate will be required for Sick Leave
- Max. 2 Personal Leaves can be applied during registration (SK6-7a & SK6-7b: Max. 1 Personal Leave)
- 室外班學員需自備籃球
- 學員需穿著Green & Grind 的環保及雙面制服上課
- 病假需出示病假紙
- 最多可於報名時申請 2 天事假 (SK6-7a, SK6-7b 最多1天事假)





Kowloon Bay 九龍灣

Kellett School
啟歷學校

Date 日期	(4月) APR 12, 19, 26 (5月) MAY 3, 17, 31 (6月) JUN 7, 14, 21, 28 <i>(excl. May 10, 24 不包括5月10, 24日)</i>			Every Sunday 逢星期日	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
KLB7-1a	3-5	9:00-10:00	10	\$2,600	Beginner 初階
KLB7-2a	3-5	10:00-11:00	10	\$2,600	Beginner 初階
KLB7-3a	3-5	11:00-12:00	10	\$2,600	Beginner 初階
KLB7-1b	6-9	9:00-10:00	10	\$2,600	Beginner 初階
KLB7-2b	6-9	10:00-11:00	10	\$2,600	Mixed 混合
KLB7-3b	6-9	11:00-12:00	10	\$2,600	Intermediate 中階
KLB7-4a	6-9	12:00-13:00	10	\$2,600	Mixed 混合
KLB7-4b	9-14	12:00-13:00	10	\$2,600	Beginner 初階
KLB7-4c	9-14	12:00-13:00	10	\$2,600	Intermediate 中階

REMARKS 備註

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Kowloon Station 九龍站

Kowloon Station Outdoor Multi-Ball Court
九龍站室外多用途球場

Date 日期	(4月) APR 13, 20, 27 (5月) MAY 4, 11, 18, 25 (6月) JUN 1, 8, 15, 22, 29			Every Monday 逢星期一	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
KS1-8	3-5	16:00-17:00	12	\$2,640	Beginner 初階
KS1-9	6-9	17:00-18:00	12	\$2,640	Beginner 初階

Date 日期	(4月) APR 3, 10, 17, 24 (5月) MAY 8, 15, 22, 29 (6月) JUN 5, 12, 26 <i>(excl. May 1, Jun 19 不包括5月1日, 6月19日)</i>			Every Friday 逢星期五	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
KS5-8	3-5	16:00-17:00	11	\$2,420	Beginner 初階
KS5-9	6-9	17:00-18:00	11	\$2,420	Beginner 初階

REMARKS 備註

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Sai Kung 西貢

Hong Kong Academy
香港學堂

Date 日期	(4月) APR 18 (5月) MAY 9, 16, 23, 30 (6月) JUN 6, 13 <i>(excl. Apr 25, May 2 不包括4月25日, 5月2日)</i>			Every Saturday 逢星期六	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
SK6-7a	3-5	15:00-16:00	7	\$1,820	Beginner 初階
SK6-7b	6-9	15:00-16:00	7	\$1,820	Mixed 混合



Tseung Kwan O 將軍澳

6/F, Basketball Court, Choi Ming Shopping Centre
彩明商場6樓平台籃球場

Date 日期	(4月) APR 2, 9, 16, 23, 30 (5月) MAY 7, 14, 21, 28 (6月) JUN 4, 11, 18, 25			Every Thursday 逢星期四	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
TKO4-9	3-5	17:00-18:00	13	\$2,860	Beginner 初階
TKO4-10	6-9	18:00-19:00	13	\$2,860	Beginner 初階

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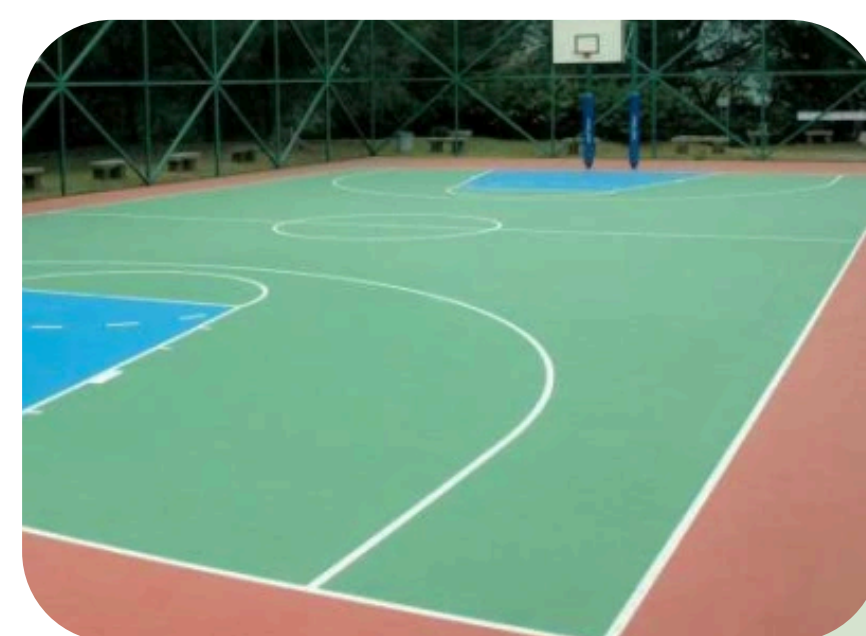




Shau Kei Wan 筲箕灣

Aldrich Bay Promenade Basketball Court
愛秩序灣海濱花園籃球場

Date 日期	(4月) APR 7, 14, 21, 28 (5月) MAY 5, 12, 19, 26 (6月) JUN 2, 9, 16, 23, 30			Every Tuesday 逢星期二	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
SKW2-9a	4-6	17:00-18:00	13	\$2,860	Beginner 初階
SKW2-9b	6-9	17:00-18:00	13	\$2,860	Intermediate 中階
SKW2-10a	3-5	18:00-19:00	13	\$2,860	Beginner 初階
SKW2-10b	6-9	18:00-19:00	13	\$2,860	Beginner 初階



Quarry Bay 鯪魚涌

Quarry Bay Park Phase 1 Basketball Court (near Cityplaza)
鯪魚涌公園一期籃球場 (太古城中心對面)

Date 日期	(4月) APR 13, 20, 27 (5月) MAY 4, 11, 18, 25 (6月) JUN 1, 8, 15, 22, 29			Every Monday 逢星期一	
Code 編號	Age 年齡	Time 時間	Session 堂數	Fee 費用	Level 程度
QB1-9	4-6	17:00-18:00	12	\$2,640	Beginner 初階
QB1-10	7-10	18:00-19:00	12	\$2,640	Beginner 初階

REMARKS 備註

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